

## Week Four

This Week we are encouraging your child to eat everything on their plate, providing a well-balanced and nutritious meal. Before taking their plate up, for washing up, they must alert one of the Mid-day Meals Supervisors, in order to be rewarded, for their fantastic achievement, with a raffle ticket for the box. As previously



six tickets will be selected and those lucky children will have an extra cooking lesson and be awarded with the school recipe book.