



South Avenue Primary School

South Avenue, Sittingbourne, Kent ME10 4SU

Telephone: 01795 477750

Email: headteacher@southavenue.kent.sch.uk

Headteacher: Miss Samantha Fenn

10th September 2019

Dear Parents, Carers & Guardians,

Invitation to:

Meet the new Mental Health Support Team & Understanding Children's Behaviour

We are delighted to let you know that South Avenue Primary School has agreed to take part in a government Trailblazer Programme piloting Mental Health Support Teams (MHST) in schools with the aim of supporting children's emotional wellbeing.

By way of introduction to this new team, we would like to invite you to attend a session with the school and the MHST on: **Thursday 19th September 2019 either at 9.00am, 1.00pm or 5.30pm.**

The session will look at:

- How you can better understand your child's behaviour and/or anxiety
- How you can most effectively support your child's behaviour and/or anxiety.

It will be an opportunity to meet the MHST and hear about the support available from September 2019. This session is intended to be a taster session and we will be interested to hear your ideas about other topics that would be of interest to you. If you are interested in attending, please complete the slip below and return to school no later than Monday 16th September.

Please note that there are a limited number of places available. However, if there is sufficient demand, we will run a repeat session at a later date.

If you are unable to attend but would like to give some feedback on other topics of interest, please note these on the slip below.

We look forward to meeting you all.

Yours sincerely

The Mental Health Support Team

Understanding Children's Behaviour

I would like to attend the above session on Thursday 19th September at:

9.30am

1.00pm

5.30pm

Parent's Name: _____ Child's Name: _____

Other topics I would like covered:
