



WhatsApp Newsletter



SOUTH AVENUE PRIMARY SCHOOL
6th March 2026

DATES FOR YOUR DIARY

- ✓ **WC 9th March**
British Science Week
- ✓ **WC 16th & 23rd March**
Living Eggs in School
- ✓ **17th March**
Year 1 Toy Workshop
- ✓ **17th & 18th March**
PTFA Mothers Day Breakfast
- ✓ **19th March**
Year 2 Kent Life
- ✓ **25th March**
Year 6 WWII Assembly to Parents
- ✓ **27th March**
Year 3 Maidstone Museum Trip
- ✓ **30th March & 1st April**
Parents Evening
- ✓ **31st March**
PM iRock Easter Concert
- ✓ **Thursday 2nd April**
Last Day of Term (3.15pm finish)

SCHOOL ATTENDANCE

We aim for 95%

94.7%

Whole School



PARKING

We are having numerous complaints about our parents parking inconsiderately and blocking driveways etc.

Please can we ask that you are mindful where you are parking at pick up and drop off.

6

NUMBERS DAY

8

A huge Thank you to all the parents, carers, teachers and children for your fantastic effort in dressing up for NSPCC Numbers Day!

We raised a total of....

£181.90



DONATION REQUEST



Toy cars & vehicles
Scooters
Mini Figures
Mud Kitchens
Pots & Pans (toys or real)



We have limited tickets available for our Mothers Day Breakfast!

Please note ticket sales will close midday on Monday 16th March!

Please be aware that the price is £3 per person, so everyone attending will need a ticket.

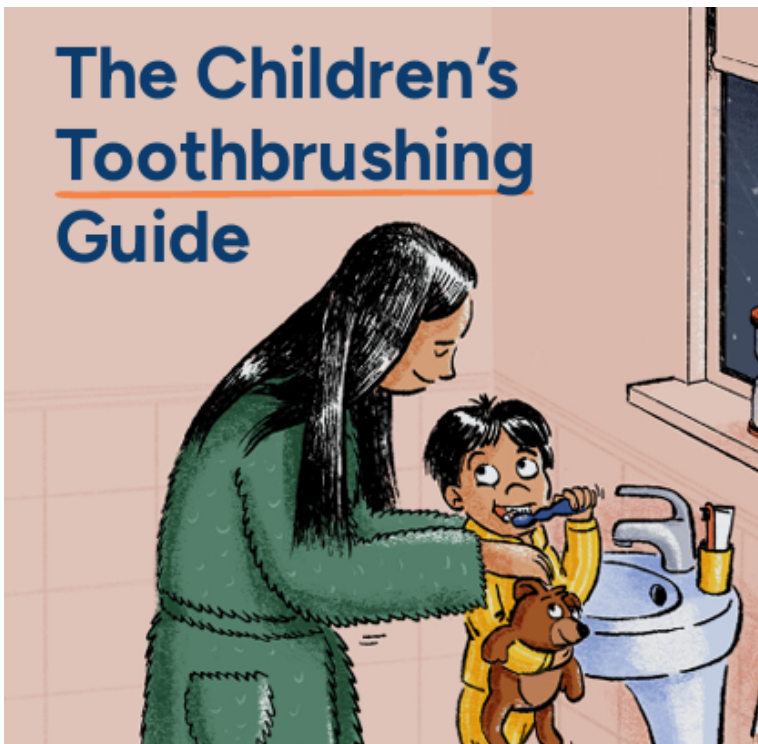
To book:

**CLICK
HERE**



Join us for a Mother's Day breakfast at South Avenue Primary School. Tuesday 17th and Wednesday 18th March between 8:30am and 9am. Croissants and tea or coffee for £3 per person.

The Children's Toothbrushing Guide



There is lots of expert advice available, including for families of children with SEND. Visit the Children's Toothbrushing Guide website for useful links, resources and tips from experts.



Dental decay is on the increase with 1 in 5 children aged 5 having tooth decay! It can be tricky to get some children to brush their teeth, especially if they are particularly sensory. A guide has been produced by 'Starting Reception' to advise of the importance of dental hygiene and suggest strategies should you have a child who finds brushing their teeth challenging. It also includes general hints and tips for good dental hygiene for all children. We hope this may be of use to you.

FULL GUIDE CAN BE FOUND HERE <https://startingreception.co.uk/toothbrushing/>

How to brush

- Brush for 2 minutes, covering every tooth.
- Spit, don't rinse with water, to leave the fluoride coating the teeth.
- Brush using small circles, covering every surface. Remember to gently brush gums and behind teeth.

Top tips include:

- 💡 Try a toothbrushing song or visual timer/app (e.g. Brush DJ) to encourage children to brush for the full two minutes. Visit our useful links page to find songs about toothbrushing.
- 💡 A mirror can help children see where they are brushing.
- 💡 Brush a favourite toy's teeth alongside your child for encouragement.
- 💡 Brush alongside your child to model good toothbrushing.

Why do baby teeth matter?



Baby teeth aren't just practice teeth. They help children bite and chew, support speech development, guide adult teeth into place and boost confidence when smiling.

When teeth aren't cared for, it leads to tooth decay which can cause pain, infection and long-term oral health problems.

Did you know?

- Removal of decayed teeth is the most common operation for children aged 5-9.
- More than 1 in 5 children aged 5 have tooth decay – and that is almost entirely preventable!
- Brushing children's teeth right from the start helps develop good oral health habits from childhood to adulthood.



Brushing children's teeth



When to brush:

- Start as soon as the first tooth appears.
- Brush twice each day - last thing at night or bedtime and on at least one other occasion.
- Brush for your child when they are very young. Then supervise until at least age 7, or they have reached the stage where they can tie their own shoelaces.

What do you need?

A small headed, soft or medium-soft bristled toothbrush

Change the toothbrush every 3 months, or sooner if the bristles are damaged.

Fluoride toothpaste

- Under 3 years
a smear of toothpaste containing at least 1000ppm (parts per million) fluoride
- 3+ years
a pea-sized amount of toothpaste containing between 1350-1500ppm fluoride

Check toothpaste packaging for fluoride levels.

