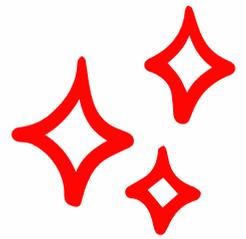




WhatsApp Newsletter



SOUTH AVENUE PRIMARY SCHOOL
31st January 2025

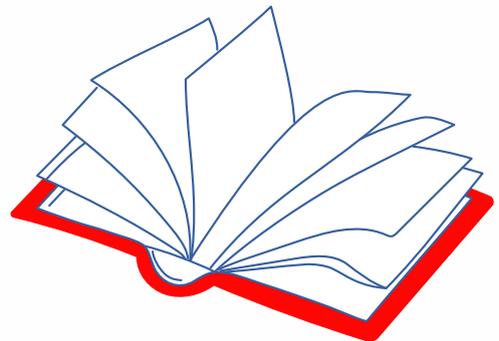
DATES FOR YOUR DIARY

- ✓ **3rd February**
Year 3 - Jurassic George
- ✓ **4th February**
Year 6 - Rainbow Theatre in School
- ✓ **5th February**
Young Voices
- ✓ **12th February**
Year R - Fairytale Day
- ✓ **13th February**
Year R - Book & Biscuit (2.45pm)
- ✓ **14th February**
Year 5 - Greek Day
- ✓ **14th February**
Last Day of Term (3.15pm Finish)

SCHOOL ATTENDANCE

We aim for 95%

94.0% Whole School



VALENTINES HOT CHOCOLATE & DOUGHNUT SALE

Thursday 13th February
after school on the
playground



UNIFORM DONATIONS CLOSED

If anyone requires any uniform,
please let us know as we have
lots available!

Please can we ask that if your
child comes home in spare
clothes, please can these be
washed and returned to school.

BABY & TODDLER FIRST AID COURSE

We're delighted to invite you to our Baby and Child First Aid Course delivered by Katie McCandless (Mini First Aid Midkent). This is an opportunity to learn essential skills while supporting a wonderful cause for our school community.



Date: Friday, 7th March



Time: 5:00 PM – 7:00 PM



Location: South Avenue Primary School



Cost: £25 per person

This CPD-accredited, hands-on course is designed for parents, carers, grandparents, babysitters—anyone who looks after children. You'll learn how to handle emergencies involving children from birth to 18 years in a relaxed and easy-to-follow format. Everyone attending will receive a booklet for note-taking and future reference.

What will you learn?

- How to get help for a poorly child
- Primary survey and dealing with an unconscious child
 - Recovery position and CPR
 - Burns, head bumps, and bleeding
- Shock, febrile seizures, meningitis, and sepsis awareness
 - Broken bones

Why join us?

Your participation will directly support our school's efforts to empower our KS2 pupils. All profits will go towards organising a first aid training session for a group of children, enabling them to become young first aiders. These pupils will assist at our first aid station during OPAL (Outdoor Play and Learning), helping create a safer environment for everyone.

Reserve your spot today!

There are 16 places available, so book early by completing this form to secure your place:

<https://forms.office.com/e/sHaU36TbGy>

MINI FIRST AID



MID KENT



Parent Workshop

Aimed at parents of children in primary school

Supporting Your Child with Worries & Fears

Tuesday 4th March at 1-3 p.m.

Are your child's worries and fears starting to impact their day to day life? Would you like to come and **meet with other parents and carers** and learn about ways to **support your children so they can manage their concerns and enjoy themselves more?**

You are invited to a workshop which focuses on **understanding what anxiety is, the symptoms you may notice in your child and some techniques to help manage this anxiety.**

This workshop will be held at South Avenue Primary School.

If you have any questions or would like to attend, please speak to Mrs Telford.

We look forward to meeting you.



OSI - ONLINE SUPPORT FOR PARENTS AROUND CHILDHOOD ANXIETY



OSI (Online Support and Intervention) is an online platform designed to help parents to learn tools and techniques to help their child (aged 5 to 12 years old) to overcome difficulties with anxiety.



Parents work through weekly online modules that contain videos, quizzes, and interactive worksheets. Parents are also supported by a weekly telephone/videocall appointment with a practitioner.



You can access OSI at a convenient time for you using any electronic device!

Best care by the best people



OSI - ONLINE SUPPORT FOR PARENTS AROUND CHILDHOOD ANXIETY

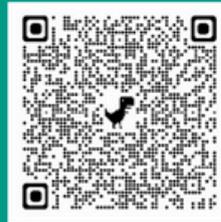
FEEDBACK FROM PARENTS/CARERS

"My son's anxiety has noticeably declined, and I feel much more confident...we worked together on a specific goal and I have to say it was life changing. I even used it for my daughter about a fear she had and again, I can say that it worked for her too."

"It has been tremendously worthwhile for us, and I have a happier child now as a result."

GET IN TOUCH :

Scan the QR code for more information on OSI.



If your child attends one of our schools, and you are interested in learning more about OSI and whether this is the right support for you, please email our team at:

EWTandESTenquiries@nelft.nhs.uk

Best care by the best people



FIXTURES SUBJECT TO CHANGE

**CHARLTON'S
FIXTURES AT THE VALLEY**

USE CODE: SCHOOLS-12967 | FOR FREE TICKETS



VS SHEFFIELD UNITED

SUNDAY, JAN 26TH
KO 2PM



VS BLACKBURN ROVERS

SUNDAY, FEB 2ND
KO 12PM



**SCAN HERE TO BOOK
YOUR TICKETS NOW!**